


Glenstal Abbey School – Sample Supper Menu

 Glenstal Abbey SCHOOL	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
THEME	Mammas deep fried chicken shack	Thai delight	Curry house	Fizz	Pizza night	Build your own pasta	Gourmet Burger bar
Main event	Southern fried chicken pieces selection dipping sauces	Sticky satay pork belly with stir fried veggies in satay sauce	Chicken Kashmir mild creamy curry with coconut, yoghurt, almond & banana	Cocoa cola slow cooked sticky pulled beef in khobiz wrap with cabbage & onion salad with southwest sauce	Ham & pineapple stone baked crust Pepperoni & mushroom stone baked crust	Choose sauce - Creamy chicken & mushroom white wine Or Roasted red pepper & sun dried tomato Or Italian sausage, pancetta tomato	Spiced turkey burger with pickled cucumber & tomato onion relish
Vegetarian...	Popcorn spicy mushroom cones with garlic dip	tum yam Thai stir fry broth	Potato & cauliflower madras	Mango tango taco with blue cheese cream & toasted nuts	Slow roasted tomato & basil mozzarella pizza	Choose pasta - Penne rigate Or Fusilli tricolor	Mexican Pinto bean & vegetable patti served, crisp iceberg lettuce & avocado in brioche bun
On the side	Curly fries coleslaw	Sweet chili & lemon grass noodles	Pilau rice Naan bread Cucumber yoghurt Mango chutney	Buttery corn on the cob	Baby leaf, rocket & parmesan cheese salad drizzled with olive oil	Garlic bread parmesan	Garlic thyme wedges
IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE ASK OUR STAFF FOR INFORMATION							