Glenstal Abbey School - Sample Supper Menu

| Glenstal Abbey | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   | Sunday   |
|----------------|---|---|--|--|--|--|--|
| ТНЕМЕ          | Mammas deep<br>fried chicken<br>shack                           | Thai delight  | Curry house  | Fizz   | Pizza<br>night   | Build your<br>own pasta  | Gourmet Burger<br>bar  |
| Main event     | Southern fried<br>chicken pieces<br>selection dipping<br>sauces | Sticky satay pork<br>belly with stir<br>fried veggies in<br>satay sauce | Chicken Kashmir<br>mild creamy curry<br>with coconut,<br>yoghurt, almond &<br>banana | Cocoa cola slow<br>cooked sticky<br>pulled beef in<br>khobiz wrap with<br>cabbage & onion<br>salad with<br>southwest sauce | Ham & pineapple<br>stone baked crust  Pepperoni & mushroom stone baked crust | Choose sauce –  Creamy chicken & mushroom white wine Or Roasted red pepper         | relish   |
| Vegetarian     | Popcorn spicy<br>mushroom cones with<br>garlic dip              | tum yam Thai stir<br>fry broth  | Potato &<br>cauliflower madras   | Mango tango taco<br>with blue cheese<br>cream & toasted<br>nuts  | slow roasted tomato<br>& basil mozzarella<br>pizza                           | & sun dried tomato Or Italian sausage, pancetta tomato Choose pasta - Penne rigate | Mexican Pinto<br>bean & vegetable<br>patti served,<br>crisp iceberg<br>lettuce & avocado<br>in brioche bun |
| On the side    | Curly fries<br>Coleslaw   | Sweet chili & lemon<br>grass noodles                                    | Pilau rice<br>Naan bread<br>Cucumber yoghurt<br>Mango chutney                        | Buttery corn on the<br>cob   | Baby leaf, rocket & parmesan cheese salad drizzled with olive oil            | 0r   | Garlic thyme<br>wedges   |